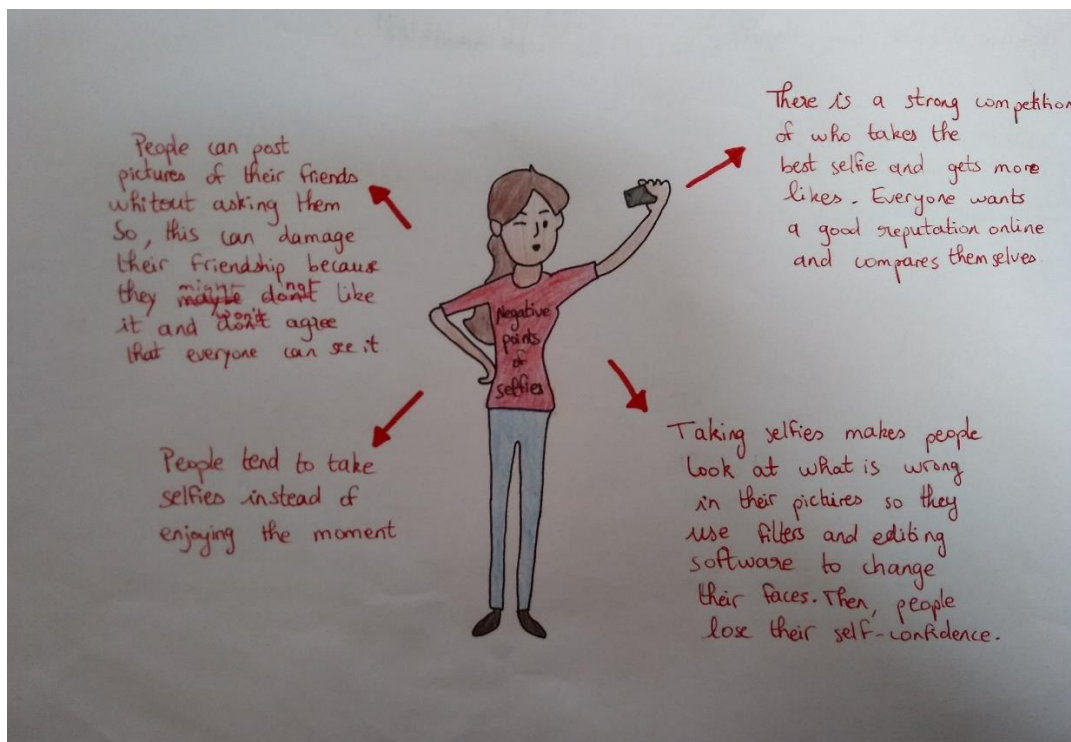
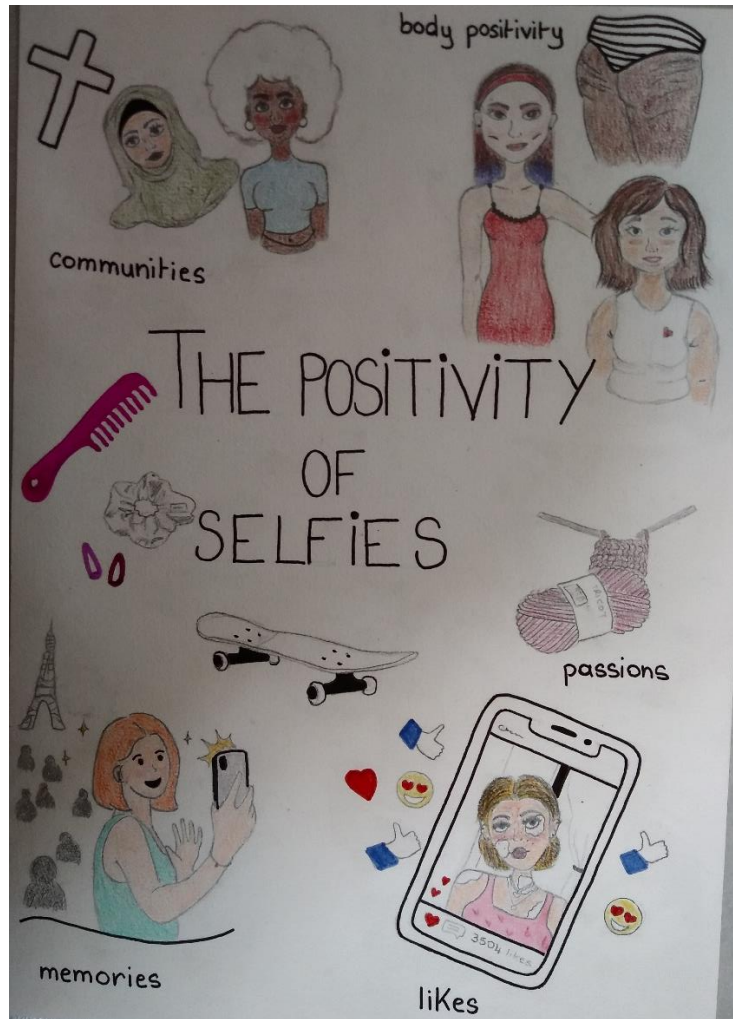


# Selfie : danger ou bénéfice ?

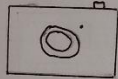




# Selfie awareness.



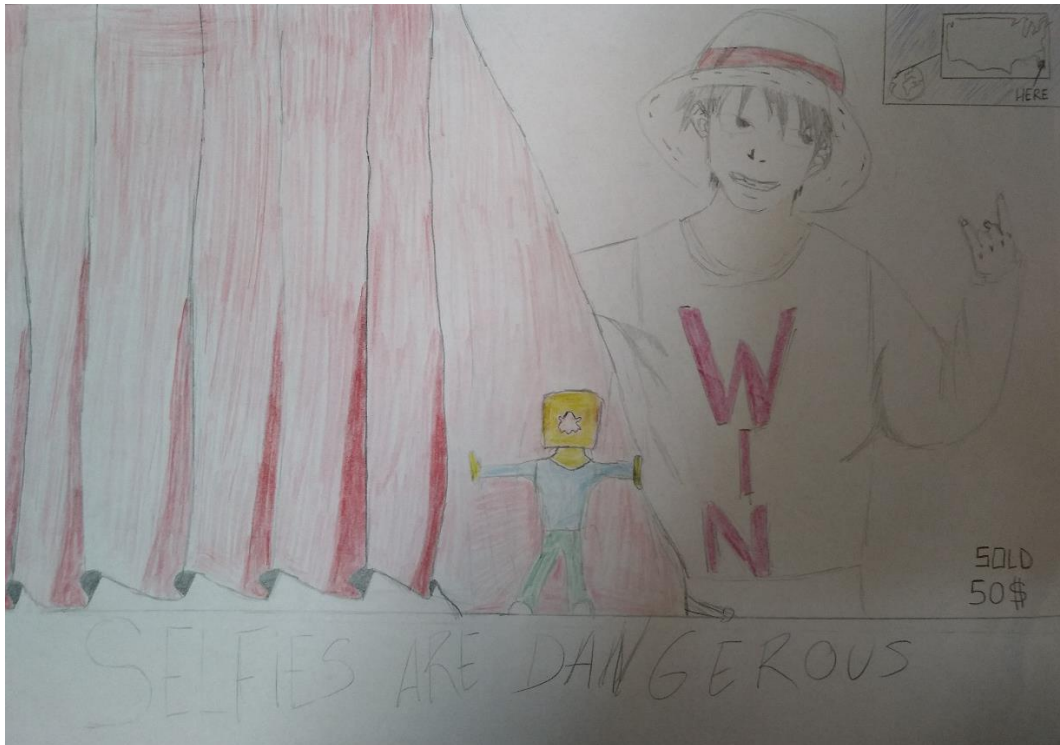
As stupid it might seem, taking selfies can be dangerous. You will find surprisingly how easily people can track you. There have been multiple cases of people posing in front of their window and getting their location leaked. So be careful of your surroundings when taking pictures!



Selfies can create complexes for many reasons. First, when we are on social media like Instagram we can see perfect bodies. Sometimes it hurts us because we feel bad and not enough. Also they can be edited and we won't even know. So be careful even if you see perfect bodies they can be edited. Never forget you're beautiful!!!



Everything has negative aspects in life but you should always make sure to enjoy yourself. Selfies are a great way of expression to share and keep memories with your friends.





# NEGATIVE EFFECTS OF SELFIES

- > People take too many risks when taking selfies.
- > We always search what is wrong in a picture, and not what is good.
- > A lot of people want to have the "best selfie" and this creates a competition between each other.
- > When people are on social media they forget to enjoy the moment, when they are with their friends for example.

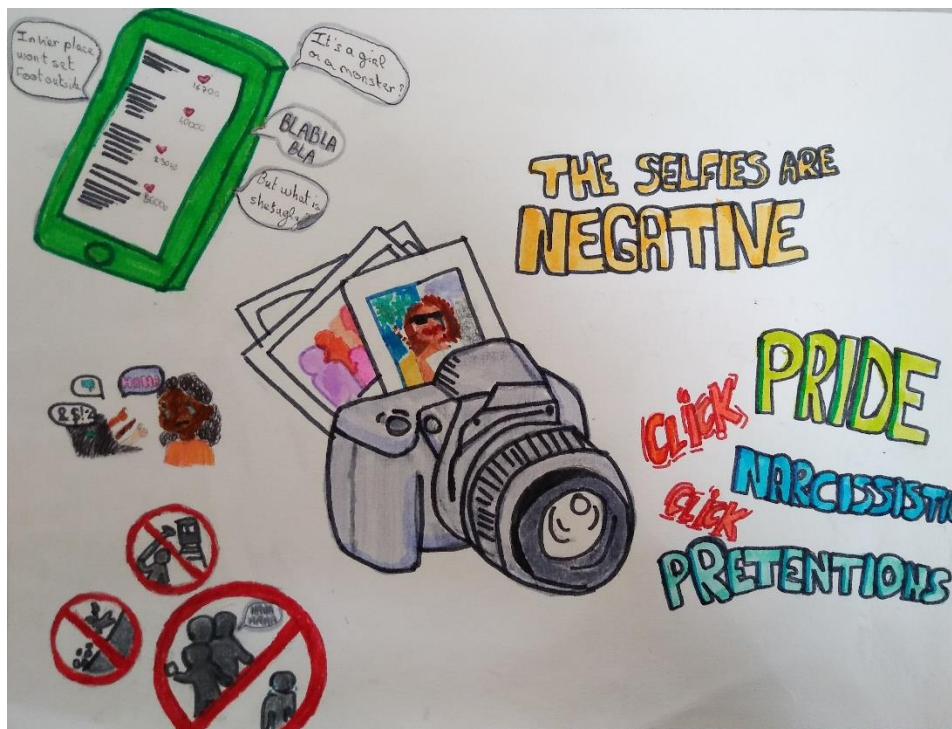
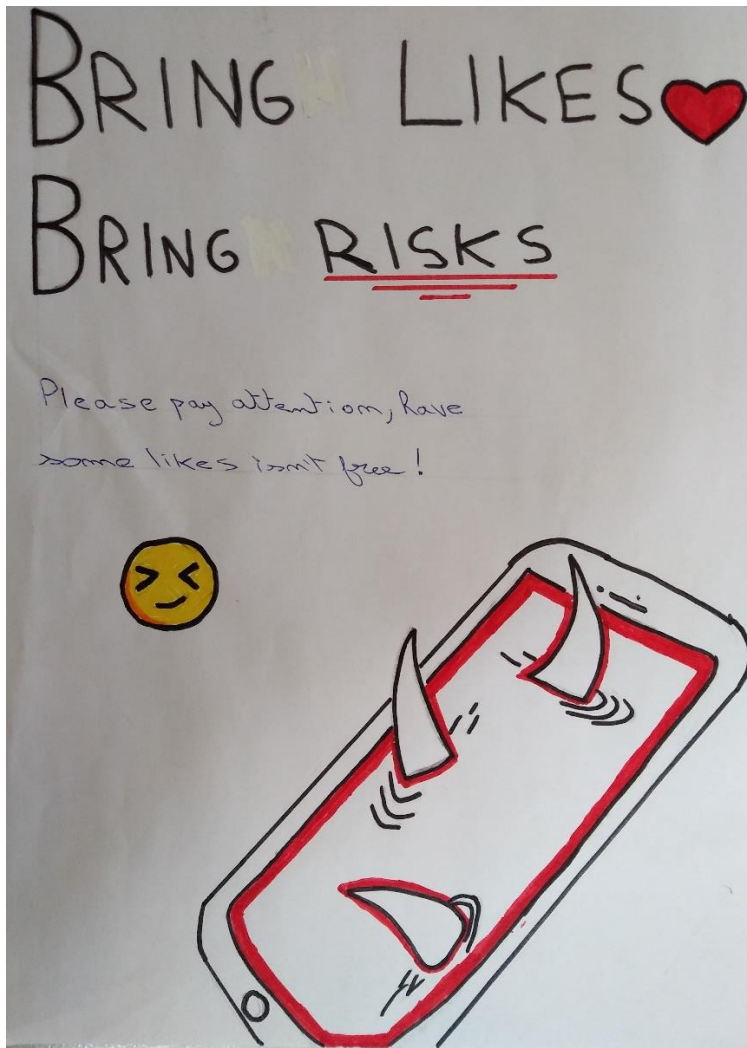
# Careful with selfies ?



## The **POSITIVE** effects of taking selfies . . .

- Regularly taking selfies is beneficial for our health
- Selfies are good to keep memories with our friends
- It's can help us to upgrade our edditing skills
- Selfies can help us sell our brand
- taking pictures with our friend can help us to feel closer
- we can capture beautiful landscapes
- Selfies can help us to be more confident
- Selfies can make us notice what is beautiful in ourselves

AAA  
POSITIVE  
CHANNEL

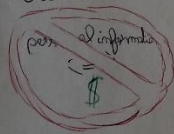


# Dark side of taking selfies:

- When you share selfies on social networks you can be insulted in the comments by other users.



- You must be careful when you post your personal information because they can be sold by social media cooperation.



- Don't be addict to selfies, you can become narcissistic.



- If I post a photo of myself and a friend, my friend might not like it. This can damage our friendship.



- We use filters to make ourselves look better. This makes us believe that we are not beautiful enough.

- People take too many selfies for social media and forget to just enjoy what they are doing.

## SO STOP TAKING SELFIES



She must be so confident with that selfie now, she looks so gorgeous! I love those blue hair I would love to have some blue ones too ♡

1 hour ago answer... 2k ♡

Marge! Your smile is so explanatory she looks so happy with her boys!

1 hour ago answer... 2k ♡

They seem to share such a good time as a family. Homer and Bart look like they're having a great time!!!

5 hour ago answer... 2 ♡

She is a catfish, she doesn't look like this in real life. Look at all the filters!

1 min ago answer... 2k ♡

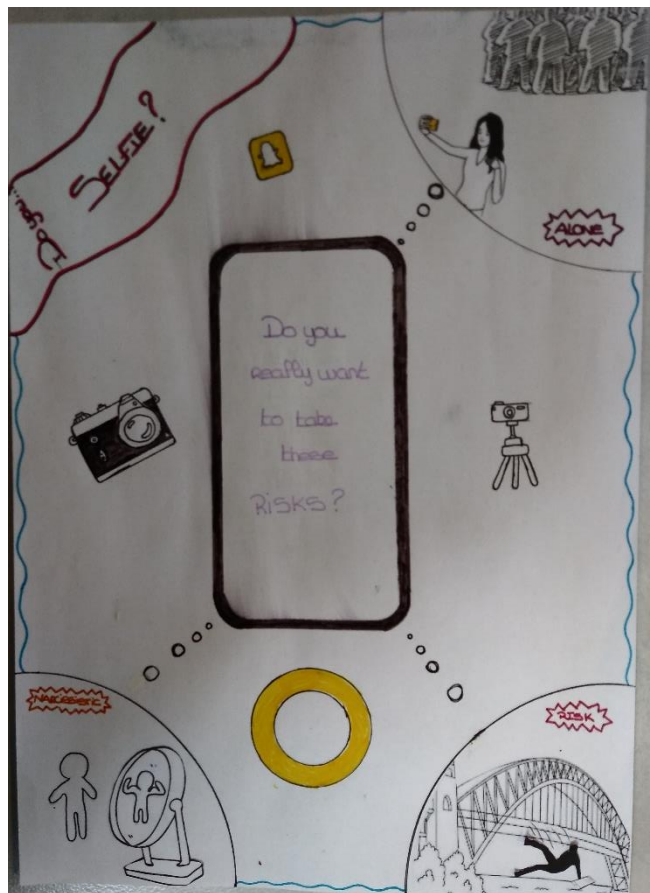
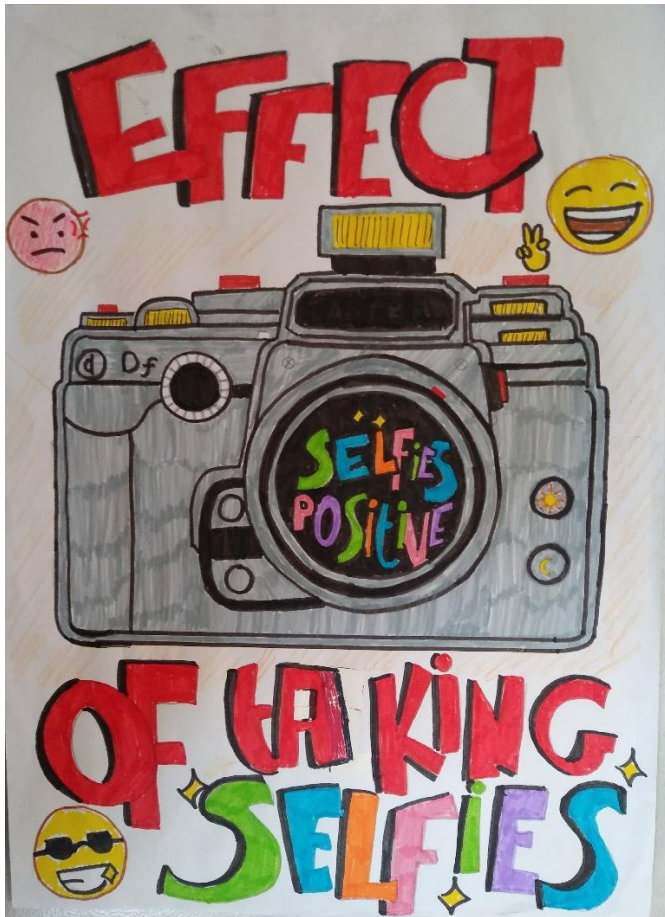
You should watch your family instead of taking selfies. People are stupid. They put themselves in danger just for likes

45 sec ago answer... 27 ♡

@homer\_selfie77 takes better selfies than you. Yours are just horrible...

2 min ago answer... 180 ♡

Follow us!





## The danger of taking selfies

When we take selfies,  
we sometimes find ourselves in  
situations that are unhealthy  
(and sometimes dangerous)

Be careful where you take your selfie as  
some places can be dangerous

Be on aware locations  
(gardens, parks...)

Be some activities  
(party, road, get out)

Don't spend  
too much time doing selfies

The point is that moderation  
and caution are necessary to take full advantage of  
selfies.



Make  
MEMORIES

TRUST  
IN SELF

FRIENDSHIP

SELF  
CONFIDENCE

VIBES

Instagram post details:  
Bernard B&T  
Likes: 2,056 mil  
Comments: 7.4K  
So beautiful !!! <3



## The danger of selfie

**Danger 1**  
 In social media there are crazy people and with your selfie they can hack you and post your private selfie and you can't do anything.

**Danger 2: Photoshop**  
 When you are on social media see the people with a beautiful face or body, but they use photoshop, and when you see them face in real life, it's not the same person. It's because why photoshop is not a good thing.

**Danger 3: Confiance**  
 Because of selfie people ~~lose~~ <sup>lose</sup> confiance of themselves. They see beautiful people and they want to be the same person, and develop insecurity.

**Danger 4: You don't enjoy**  
 It's important to enjoy all moments with your family or your friends. If you take too many selfies in all moments you don't enjoy yourself.